

Wellness Class Schedule 2025

Beginning May 6 - October 4!



\$15 per person - Massage Class
 \$25 per couple - Couples Massage
 \$20 per person - Facial Class

DAY OF WEEK	MONDAY 9 - 9:45 AM	TUESDAY 9 - 9:45 AM	WEDNESDAY 9 - 9:45 AM	THURSDAY 9 - 9:45 AM	FRIDAY 9 - 9:45 AM	SATURDAY 9 - 9:45 AM
MASSAGE		How to perform Purewave Self Massage with Jossif, Massage Therapist	How to perform Purewave Couples Massage with Joshua, Massage Therapist	How to perform Purewave Couples Massage with Jossif, Massage Therapist	How to perform Purewave Self Massage with Joshua, Massage Therapist	How to perform Purewave Couples Massage with Jossif/Joshua, Massage Therapist (alternating)
FACIAL	Skin Care 101 Basics of Healthy Skin with Seama, Master Esthetician	Glow & Sculpt Mastering Facial Massage with Seama, Master Esthetician			Skin Care 101 Basics of Healthy Skin with Seama, Master Esthetician	Glow & Sculpt Mastering Facial Massage with Seama, Master Esthetician